



EXPLANATORY STATEMENT

Project ID: 52978

Project title: Australian Guidelines for Perimenopause and Menopause

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You are invited to take part in this study which has been approved by the Monash University Human Research Ethics Committee. Please read this Explanatory Statement in full before deciding whether or not to participate in this research. If you would like further information regarding any aspect of this project, you are encouraged to contact the chief researcher via the phone number or email address listed above.

What does the research involve?

The Australian Living Evidence Collaboration (ALEC) is developing the Australian Guidelines for Perimenopause and Menopause.

To inform the development of these guidelines, we are inviting health care professionals, researchers, policy makers, and people with lived experience of menopause or perimenopause to complete a brief online prioritisation survey. The aim of this survey is to identify the priority topics that we should address in the guidelines to best support clinicians providing care to people experiencing menopause or perimenopause.

The [online survey](#) takes 10-15 minutes to complete and participation is voluntary, anonymous, and very much appreciated. Your collective responses will help us shape the order of clinical guideline topics developed over the months ahead.

Source of funding

This project is funded by the Department of Health, Disability and Ageing.

Consenting to participate in the project and withdrawing from the research

Choosing to complete the survey will be considered informed consent. As this project involves the submission of an anonymous survey, it will not be possible to withdraw data once you have submitted your responses. There are no foreseeable risks associated with participating in this study.

Possible benefits and risks to participants

There are no foreseeable risks of harm from participating in this research.

Confidentiality and data storage

The surveys are anonymous. Only the Chief Investigator (Dr Tanya Millard) will have access to raw survey data. Any potentially identifying information provided will be de-identified or removed. Data will be kept on secure Monash computers or drives for 5 years after the project is complete and then destroyed. Qualtrics (the survey platform) may use your data to train their AI model.

Results

A summary of results (including no identifying information) will be presented to the ALEC team and will be published in a peer-reviewed journal and at conferences. You can request to be sent a non-identifiable report of the findings at the end of the project by emailing the Chief Investigator at tanya.millard@monash.edu.

Complaints

If you have a complaint concerning how this research (project number: 52978) is conducted, please contact:

Executive Officer

Monash University Human Research Ethics Committee (MUHREC)

Office of Research Ethics and Integrity

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